



THE KAIZEN PROJECT

THIS IS THE MOST POWERFUL & IN-DEPTH EDUCATION ON SELF/BUSINESS/CAREER DEVELOPMENT

Give yourself and your family the best Education available on Life-skills, Laws of Success, Emotional Skills and Goal Achievement.

Regular schooling gets you a job and learning life-skills will give you balance and all-round success. This is the best investment that will matter and help your family grow.

The Kaizen Project- Life Makeover Program to help you improve your life, grow your business/career and achieve balance. It is believed that about 97% of people don't have definite goals or even if they have them, they fail to achieve them. And if you're wondering, why?

That's because they don't realize that achievement is a science and all they need to do is learn and apply it. Kaizen means constant improvement, especially in the areas of life that matters. It is said that only 3% of people achieve overall success in life and they do this because they realize that overall success is 90% psychology and 10 % technical/business/academic skills. They know that success does not depend on external factors as much as it does on the human mind. They also realize that the background of an individual does not matter. You can become successful, no matter what race, religion, nationality, caste or creed you belong to. You can have it all, if you know how to harness the power of the mind.

Successful individuals are also aware of the fact that it requires an individual to keep growing emotionally, mentally, spiritually, financially, physically and intellectually in order to lead an abundant and meaningful life. People fail because of their thinking and habits. They talk a great game but when it comes to committing themselves unreservedly to take appropriate and massive action they somehow falter.

The lack of responsibility, commitment and accountability is a major hurdle in their lives. These dis-empowering habits and traits must be systematically eradicated and replaced with empowering attitudes and habits that would ensure all round achievement. The Kaizen Project is for those open minded individuals, families and businesses that are ready to make a radical shift in their lives by learning and executing the right strategies, thinking patterns and habits. The program provides you with well researched, result oriented, world-class and leading-edge 21st century education that's filled with ideas, tools, techniques, philosophies, strategies and thinking patterns that ensure unparalleled success.

It is a program designed in such a way that you can access a new, well researched and life changing material every month for three long years. You can make use of this knowledge throughout your life.

The Kaizen Project has been created to change your life for better. This powerful program is not only about helping you develop one or two areas in life, it is in fact uplifting and empowering journey that you will embark upon and see yourself as a work in progress in order to evolve into a model of possibilities and completely develop and condition your mind and body to achieve the success that very few people have dared to achieve.

**TO ENROLL IN THIS LIFE-CHANGING
PROGRAM AND FOR MORE DETAILS:**

PLEASE, VISIT WWW.ICHOOSEKAIZEN.COM
OR CALL US ON (INDIA) 0 95 908 77725.
YOU CAN ALSO WRITE TO US AT:
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KAIZEN MODULES AND BENEFITS

SKILLS, STRATEGIES, SYSTEMS, TECHNIQUES...

PART 1

What is Kaizen?

Learn why we should improve continuously?

What is success?

What are outcomes and why are they important?

How are goals achieved?

Why do we behave the way we behave and what should be done to change it?

How to produce new results?

Beginning of the era of unparalleled success.

What's the first thing to understand to bring a change in your life and take it to the next level?

The two action steps that you have to take to achieve desired results.

Why isn't the old adage, "It's better to be alone than in a bad company" is NOT RELEVANT anymore and what philosophy can work for you instead?

The four critical and basic steps to change your life Why you are not producing desired results and what you can do about it?



How to be an automatic achiever?

How to make these teachings last by using systematic reinforcement plan

The 3 words that can kill your dreams and how to avoid them.

What attitude is best for personal and professional growth
The 4 words that make you a great learner and eventually make you wise and successful .

Why Will Power alone cannot make you successful?

We have been told that willpower is critical to our success, this enlightening session teaches you that willpower alone cannot make you successful and in fact willpower is NOT POWERFUL. Learn to go beyond will-power to access deeper abilities of the mind to achieve success.

PART 2 & 3

You've learnt physics, chemistry and biology your school and colleges now it is a time for you to learn the science behind achievement in itself.

First things first for you to achieve the life of your dreams it is very important that you understand the fundamentals of achievement this session does exactly that and strengthens the understanding of success.

You will learn that results are not random and are produced because of the mind programming that happened during your childhood. the 3 critical factors involved in mind programming. How exactly does this happen and the steps to the reprogramming. We quiet often blame the past for our present results and we are taught that the past cannot be changed. This radical session will also teach you how to change the past and create the future you desire.

If you have wondered how people go from rags to riches, then this pair of the program will show you how people achieve massive success without any outside support and how you can too...

Discover a philosophy that guarantees life-balance:

The philosophy of 3 knives that'll burn your old results and change your approach towards life to produce new results.

Learn about the force that drastically lowers your performance at school, college, business, office and life and how to handle it.

What's Achiever's blueprint and why is it important to work on it before you take action towards your goals.

Learn how results are produced. Understand the system that produces results.

A lot of people get passionate about something in life and as time passes the passion seems to disappear in thin air. Learn what kills 'passion' in life? And also of through a list of questions that'll help you understand your mindset so that you can reignite the lost dream and realise it.

We are born with incredible potential to do incredible things but our mind gets contaminated by the people and circumstances around us and this contamination stops us from moving ahead. Learn The 6 powerful steps to transformation to clear the mind from this contamination. These steps will teach you how to change your thinking and mindset and set the platform for achievement.

We talk about how our destiny shapes the events in our life but have you thought of mastering your destiny? This session will show you how exactly to do that.

Learn the number 1 reason that stops people to take the required action.

A highly acclaimed technique to handle negative emotion in an instant. Helpful in various situations in life like interviews, presentations and exams.

Learn when NOT to make life changing decisions. This can save you years of frustration and misguidance.

Learn the how to communicate with the subconscious mind and the universe to create maximum impact.

Learn to let go of all the negative beliefs that have 'infected' your mind.

Do you know most of us unconsciously block opportunities from entering our world? Learn to unblock these opportunities.

Get to know the groundbreaking discovery of a brain science that teaches you the reason why some see opportunities and others miss them and how we can use it to find the right people and opportunities that would ensure our desired results.

Learn why some people get what they want and most us get what we DON'T want.

Discover how do we understand the world and create our own reality and this reality can make us happy or unhappy individuals.

PART 4

Learn about a function (Factor) of the mind that decides how much of success you will achieve and how to make use of it to fulfill your wildest dreams.

This part teaches you how to increase your income or exam results, work on your weight and other issues. Once this change is done you'll start achieving your results automatically.

Uncover when our subconscious mind gets programmed the most and why is this important to our goals?

Do you feel that you aren't reaching your highest potential? And deep inside feel that you can be, do and have more but don't know what needs to be done? When you do something new you still end up producing old results? Do you often fall back in to your old patterns of behavior?

This session helps you to understand why don't we move ahead and do what it takes to achieve our dreams? How do we expand our mind and make taking right action and achieving a part of who we are?

How does the mind set limits to our achievement and how to increase the limits and automate big achievement.

Ignoring this knowledge can be debilitating for your goals and create huge obstacles and make you go round and round in circles without seeing big results. You can be limited and restricted without learning and applying how to expand your mind and break your limitations and this session will teach 4 steps that would help you achieve exactly that.

You have the capacity to achieve but understand this session will help you USE that capacity!

How to deeply root your goals in the subconscious mind and also expand your mind for bigger and greater achievements.

Learn How to use one of the powerful forces to reprogram your mind for mega success.

Learn to change your 'inside' and see desired results 'outside'.

PART 5

Action depends on how we think...

What you should do Instead of crying or feeling bad when you fail to produce desired result.

Thinking pattern that highly effective and successful people have and you can have it too.

The power of words and how they can pull us down. This session will show you how NOT to FAIL- No Matter What!

How to understand the structure of Failure and use it to Succeed in life.

Learn the critical question that needs to be asked to turn failure into success.

How to plan your activities to stay focused.

C.O.C.E Strategy.

The C.O.C.E is a simple and powerful four step strategy to convert business, career, exam or personal failure into success and take control of your life. Also learn to handle negative thoughts using this 4 step strategy.

How to handle situations where people criticize you for your mistakes and also when there is no mistake of yours.

Md Ahmed Sir uses names like Yelahanka and Koramangala these are the areas/localities in a city called Bengaluru, India. You can replace these.

PART 6

How to handle negative experiences that keep playing inside your head and start taking control of your life.

When a negative experience takes place in your life, your important things can come to a halt. The power to take the right action, power to communicate effectively and think straight gets suspended, putting you in a very vulnerable position and generates negative emotions in you. It becomes, for your own well-being, very important to take control of your situation and get right back on the track to do the right thing. This session teaches you to take control of such situations.

Learn a radical concept to change your PAST!

Learn how exactly we feel our emotions and how to change them to run your brain...the most important skill.

The Lapping Technique to neutralize your unpleasant experiences from the past so that you can take the right action in the present and create your own future.

PART 7

How to work on your weaknesses and develop certain skills and attitude that you currently don't have and are important to you.

What is the force that stops you from doing things that are important to you and feel you can't and how to handle this force.

The 6 word philosophy that'll teach you how to move ahead when the going gets tough in life. Learn this philosophy and teach it to your children so that they can learn to go the extra mile for their dreams and have more determination.

PART 8

This session has the power to shift your life. Fundamentals to create a desired life. One thing most of us neglect and how critical for success.

Learn to improve the quality OF RELATIONSHIPS with yourself and others.

Learn what your emotions based on and how by working on it you can improve your emotional life.

How to work on the basic factor to improve our health, relationships, careers and businesses.

the 3 words that can change your life and help you achieve whatever you want. Without these words a pebble would seem to be like a mountain in life. The 1 power that'll help you use the life changing 3 words.

how to structure your daily communication process with yourself and others in order to stay empowered and take the action towards your goal. This will help you get control of your life and be focused on what's important to you.

The philosophy that determines the quality of your life and shapes your destiny. How liberate yourself from the suffering created by others.

How to talk to yourself when the situations around you are negative.

Understanding the most critical skill for failure or success. This session will make you immensely flexible towards your relationships and produce the result that is fruitful for your 'relationships'.

What to do when your communication fails with your family, children, boss or anybody important.

PART 9

Learn the AIMS

Formula that'll help you to get future ready. This session is immensely helpful for your careers and businesses. Position yourself in a way to become unbeatable in the market place. It'll help you make your children wise and be an effective parent as well.

The two steps to make your business and career future-proof.

How to think about the future.

How to change things/circumstances in life.

PART 10

4 techniques to take charge of your emotional states during undesirable situations.

How to feel balanced and feel the emotion that you want to feel.

How to take control of your negative emotions using the 4 techniques taught in this part of the session.

Useful in interviews, presentations and when handling difficult/authoritative situations and people.

When is the right time to make decisions and when you must not make decisions.

PART 11

The KL-KA-KG Formula.

Learn the 4 Laws of the universe based on ancient scriptures and leading and cutting-edge science. These Laws affect us either positively or negatively. How to make these Laws to bring a shift in life and manifest our desires.

Teach yourself and your family this law and the moment they understand this they would see no point in blaming, complaining and giving excuses for failures. In fact they would take charge of themselves and make things happen for themselves and others.

The T-E-V-A process is behind every manifestation in your life. Whatever you see be it people or situations happens because of this process. Understand and use this process and start seeing the kind of people you want to see and situations that you would be happy with.

Learn about the one power that the world or anybody in it cannot take it from you and how you can use this power to turn your life around.

Learn an idea that people go to mountains for years to understand to liberate yourself from negative thinking.

Why HOPE usually doesn't work in our favor? What should one do to make things happen instead of just hoping.

The Moses subtly teaches us a way of thinking that can accelerate the manifestation of our dreams.

PART 12

Creating a magnificent future. How to dream big and achieve your dreams.

Learn the mechanism, a step by step process to achieve your small and big goals in life.

The 3 step fast-track process to achievement.

Learn to explore your creativity related to your dreams.

Learn dream creation and realisation process that consists of 8 powerful steps to achieve your smallest and biggest goals. Put your dream in the 8 step process and it becomes true.

A LIST OF VALUES & FINDING YOUR LIFE'S PURPOSE TO BE SENT.

This session will help you find your deepest values and purpose in your life. You'll be asked strategic questions that would elicit your deepest values and then a writing exercise will help you find your purpose in life. This exercise is aimed at bringing the best out of you so that you can live a fulfilled life.

This session will also show you how to balance your life while achieving your dreams or live your values

Learn to activate your subconscious mind and communicate with the universe to accelerate your goal achievement.

PART 13

How to become influential in society.

How to persuade and resolve unresolved issues with others.

Developing flexibility to understand others and influence them.

Learn a new way to look at maturity and how it can help us be a leader.

Get this else your finances, career, relationships or even your studies take a hit.

How to calm a chaotic relationship.

PART 14 & 15

The 10 RULES (Not Steps) for achieving massive success. Learn, understand and use these rules to get what you want. These rules are like a blueprint for your personal and professional achievement.

There are 2 types of worlds. Failures live in a different world compared to the achievers. What world do you live in? Learn about these two worlds and choose your world according to your desires.

Rule #1

Helps you gain clarity about your goals. Gaining clarity is the first step towards your freedom as it gives clear cut instructions to the brain and unleash its power.

You answer a set of strategic questions that enable you to use the brain properly.

Formula for balancing your career and finances The 3 broad 'negative' categories people belong to when it comes to money...if you belong to one of these categories make sure you get out to attain happiness and wealth.

This session is very important for children as it teaches them the importance of balancing studies and their passion that's not related to their current academics.

How to live your passion even if you are in job/business that does not appeal to you.

Rule #2

Shifts your focus from whats not working and reorients you towards a life that you desire.

Rule #3

Teaches you the secret to success called Mastery.

Rule #4

How to make use of the past and let go of it. It's about moving ahead in life.

Rule #5

What type of people yo should stay away from. What kind of people you should associate with in order to achieve your goals faster.

Rule #6

The importance of other people and to bring them along. What to do when your loved ones don't support you in your endeavors.

Rule #7

Teaches you the importance of letting go of the things that you are used to but not useful.

Rule #8

Works on your negative thinking. It's about handling an emotion that can stop you in your tracks.

Rule # 9

It talks about a power that makes the Law of Attraction work for you and not against you. It also heals relationships. Every scripture talks about it and leader has followed this rule Be grateful

Rule #10

Teaches you to connect your subconscious mind with the universe.

PART 16

How powerful you actually are?

How to look at yourself and change something so innate and deep that producing desired results will become all about design and not 'chance'.

We are powerful but our results never equal our power. This session teaches you to tap more into your power and increase our productivity in every area of our lives.

Learn why you or your kids engage in activities that are not good for you. What to change deep inside us to change our disabling behaviors.

How to stop engaging in activities that destroy you. It's one simple and critical mental shift that changes every aspect of your life for good. You can change a mountain of disabling behaviors instantly by this mind-shift taught in the session.

The way you live right now is because of the concept that discussed in this session and if you want to take your life to the next level, then you have to make this basic and important shift in your mind.

The vicious cycle that average people get into to repeatedly produce the same old results (It's a new concept and not been discussed in our seminars you've attended).

How to get out out this circle and get onto a 'straight line' that takes you straight towards your achievement.

One may claim that he loves himself but that might not be the case in reality. Understand why one has to love her/himself and the Two All Important Codes of Conduct that people who love themselves have.

Learn the most important rule to follow before you claim that you love others.

Society teaches us to be consistent, learn why this idea can be dangerous for your goals in life and what you can do to reverse this make it work for you.

Learn the scientific factor that sabotages your success. It makes you or someone in the family defend and keep their self-defeating behaviours. Learn how to deal with this Mind-Enemy.

Learn what is unconscious cognitive commitment and how behaviours get formed without our conscious effort. This understanding will help you look at behaviours in an empowering way and also give you the confidence to change any disabling behaviours.

PART 17

The 3 powers to reprogram your mindset.

The 3 requirements to upgrade your personal identity.

A profound Thought experiment to enhance your self-esteem and reinvent yourself.

Learn to use a Newton's Law to improve the quality of your life.

How to change your routine the produces results by making use of a power in your conscious mind and another power that resides deeply in your subconscious.

Learn a technique called Deliberate Conditioning is the opposite of Unconscious conditioning. This technique will teach you to change the behaviours that don't serve you.

PART 18

7 steps to condition new and empowering identities.

Mind-Image Technique: Learn a new way of looking at yourself in your mind that would help you increase your self-esteem and enhance your performance in required fields.

How to maintain the new neural pathways that you would created to produce new results.

PART 19

This session educates you about the conscious and the subconscious mind. This sessions talks about the different functions of the conscious mind and once you learn this you will be in a position to use the incredible power of the Mind to accelerate your growth and also solve a lot of problems you might have in different areas in life.

PART 20

Will power is the 1st and the most important step in your personal evolution. Learn and teach your kids the 8 ways to strengthen the Will-Power. Once you develop your will-power you will be in a position to make life-changing decisions and stick on to them.

PART 21

Learn how to develop the faculty of Memory.

Memory Management system helps you to stay empowered and take required action towards your goals. Our moods and action depends on the memories we access in our heads hence it becomes important to learn how to access the memories that empower us by learning the Selective-Movie (Experience)-Technique.

Bonus: Learn a memory technique to memoriz random words and use to score more marks in tests and exams.

PART 22

How to work on and develop your faculty called Perception.

This session is aimed at helping you understand yourself and have different perceptions and this would enhance your intelligence and become influential in your circle. You'll go from rigidity to flexibility that would give to freedom to have different ways of operating in the world.

Learn to work on an other faculty of your mind called Reasoning. Life can become miserable when we use the reasoning ability against us and most of us do that. Once we learn the different ways of thinking and what actually happens inside our mind that makes us act in ways that can hinder growth and make certain important adjustments based on the understanding provided in this session you will be able to take on difficult and challenging situations in life.

PART 23

How to develop intuition.

This part of the session will help you to develop your intuition. Developing intuition helps you to identify and deal with problems and reduce stress, activate creativity, helps you discover hidden truths about yourself by connecting you to the subconscious mind, sabotages the rise of negative thinking, increases your mental, emotional and physical health

How to develop imagination. Albert Einstein said that imagination is more powerful than education. If you want to be more creative, then you have to develop imagination. Developing imagination helps you in generating new ideas, have goals and vision, understand scientific concepts, it helps you manage your brain and have control over your mind.

PART 24 & 25

How to take control of your mind.

What are the mechanics inside your mind that makes you feel negative or positive. This session will give you freedom and flexibility to choose your moods in any context and this ability alone can be considered as an achievement.

Emotional stability begins from understanding the concepts uncovered in this session. This knowledge can liberate you from the shackles of negative emotions.

Understanding how our mind gets programmed by advertisement and how to avoid the trap of unnecessary purchases.

Becoming aware of the stuff that elicits negative emotions in you, so that we can change this 'stuff' in the next seminar.

PART 26

Understanding how our mind gets programmed by advertisement and how to avoid the trap of unnecessary purchases.

Zoom and zoop technique to destabilise the negative emotions. This can also be used to get rid of limiting and debilitating behaviours.

How to change our thought processes and choose our response to situations.

The last Terrific Ten.

PART 27 & 28

Session 1

If your goal is to become unstoppable force of achievement.

Though we want to move ahead in life, the enemy that stops us is within us and these are the patterns that stop us from becoming what we can become.

Success and failure is a science and this science can be learnt and applied by anyone!

This session helps take charge of the kingdom called mind.

Learn about the force that propels you towards success or sabotage you.

emotional wisdom two types of emotions and how they can either make us immensely successful or a miserable failure.

Understanding the structure of FEAR. This session will open up new doors of opportunities if you think that you DON'T have fear.

An important understanding about emotions will help you deal with the inner inhibitions and make you a wiser person.

What emotion can stop your child from studying a particular subject and what you can do about it.

How to bring up children in a way that they DON'T develop a debilitating fear called fear of abandonment/rejection.

The 8 facts of FEAR.

Learn to kill fear or it will kill your mind!

An in-depth understanding of fear to help you handle other negative emotions like procrastination, indiscipline, frustration or anger.

Understanding anxiety and worry, the different faces of fear.

Learn the reasons why we look at other people with 'awe' and we don't take action to achieve a similar awesomeness.

Deep understanding of ineffective ways of handling negative emotions.

Zoom and Zoop Technique to destabilise your negative self

PART 29

Learn to become free of negative emotions you will give your 100% to your goals.

Learn how we think and do this to gain control of your thoughts. This knowledge is going to prove very powerful and will make you wise and position you to accomplish extraordinary things.

One very important realisation/insight that can solve most or maybe all your problems.

Why is it important to deprogram your mind and condition it for desired achievement. The Last Terrific Ten Program is aimed at helping achieve this result.

Learning to change the structure of our thoughts to change the emotions we feel. This is the fundamental change that's required to change our thinking and our world.

Our well meaning teachers and loved ones ask us to change and be more confident, be a go getter, be happy, don't be scared/nervous. These are well sounding advises but nobody teaches us 'HOW' exactly to do that. We are not aware of the mind-processes that are involved in making us tap into such valuable resources and these seminars are created for you to go the place where change happens and make the change happen. It's NOT motivation, it is Education that matters.

How to handle anger.

How to make your near and dear ones help you handle negative emotions.

Learn how 'words' play a role in shaping your life and how to use them for our benefit.

How we set our mind up for disappointments in life and how to set it up in a way that puts us in control towards un wanted situations.

How to neutralise the effect of negative emotions by using the fast forward/rewind technique.

What kind of sentences we should be careful of to handle out emotional states.

Learn the ONE critical distinction about a language pattern that can literally change your thinking and move you towards desired results.

How to use language patterns to program your subconscious.

PART 30

Are you a student who keeps thinking about what could go wrong in the exams? What would happen if you score less? Do you keep thinking what if the question that I haven't studied appear exam?

Are a mother or parent who keeps thinking what if your child misbehaves and does things that are not appropriate? What if your child does not study properly or gets marries to a wrong person?

Are you a business person who keeps thinking what could go wrong in the business? What if you lose customers or your competition eats your business?

Are you an employee who keeps thinking what could go wrong in the job? What if you lose my job or promotion/hike/value in the company?

This session will help you handle the situations mentioned above.

Understand the structure of Worry. How to handle Worry?

A Powerful Mind Technique called Awakening to Possibilities Process to transform Worry into Power, joy and happiness.

How to bring out the possibilities of success that might be buries deep inside the subconscious mind.

PART 31

Though we know success is good for us we may attach fear to it and sabotage it.

The knowledge is very enlightening it is strongly recommended that you teach this to your family and kids. It teaches you the concepts of self esteem and how it determines your level of success. This session address issues like insecurities, self-doubt.

Why don't few people or children don't open up or engage in activities like singing, dancing or maybe give a presentation?

Understand why doesn't a person give 100% towards his goals? Why we engage in activities that sabotage our success?

There are students who what to do, how much to study and schedule needs to be followed and yet ends up doing all the things that are IRRELEVANT to his exams or studies.

Different mind patterns that people have that make them fail and what to about them.

5 Tools to handle self destructing behavior. Make sure you teach this skill to your children to help them work on all the important aspects of life.

There are times when you want something and you end up doing things that will not help you achieve that 'something' learn to overcome this pattern of behavior with steps provided in this part of the Kaizen project.

When people 'fall' and fail to achieve desired results, they use a mind pattern that keeps them stuck. Learn about this mind pattern and how to overcome it.

Learn the Strategic Questioning Method to solve problems instead blaming yourself or others.

PART 32

Antidote for negative emotions.

Strategy for Supreme Confidence.

The anatomy of confidence.

Mental strategy for self-confident.

Strengthening self-confidence.

How be certain about yourself in uncertain times.

What kind of confidence is not good for you (The answer is not Low/Over Confidence)

Motivational talks give you a momentary burst of confidence,

How to maintain the confidence levels even after the affect of motivation is faded.

How to make good and permanent changes in the mind.

Two killers of your confidence and how to handle them.

How to change the negative thought processes that bring you down.

Strategy to convert the inner-enemy into an ally for personal success.

How to handle ourselves when things go wrong in business or exam or anywhere else and emerge as a more empowering individual.

PART 33

Power comes from 'right' thinking.

How to use the power of words to bring balance in life

The mistake we make that can cost us our dreams. Its called Negations. And how we can change that.

How to use ancient Indian wisdom to make use of the language patterns to be a better person and achieve your goals.

Learn an all important shift in your language pattern to become more effective in the activities you do.

How other people might have affected you throughout your life and how to change their negativity that's inside you.

Learn about universal generalisations that are a part of your language patterns and how it can harm your efficiency at home and work.

Thought exercise to Go from being stuck to becoming free.

What to do when something goes wrong, something like a presentation or a test.

How to gain understanding from an event that went bad and make use of it to grow.

The Gandhi's Mind Strategy to improve relationships and situations in life.

PART 34

10X your growth!

Two techniques to turn around your life better by teaching you to handle your fear and manifest your dreams. It's a fine tuned technique to re-program your mind and help you reach your desires ten times faster.

Learn the one secret that has been mysteriously left out by even the top authors and experts teaching Law of Attraction and manifestation and how this can literally change your life for good.

PART 35 & 36

The one mistake that we make and lose out on performance and the eventual results and the solution to overcome this issue.

Confidence and competence.

The four levels of learning and how this affects our performance at office and home.

The daily confidence booster: One everyday ritual to drastically increase your confidence.

BONUSES:

Instantly release fear or other negative emotions using a practical technique.

Automate confidence or any other positive emotion inside you and use it wherever you want to.